

Sally Adams

Special Contributor

Sally Adams started coaching Dixon High's cheerleaders in 1975. She coached successful cheerleader squads for 15 years. Sally was the first Dixon High cheerleader coach to enter a Dixon squad in cheerleader competition. In 1981, her squad won the State Championship held at Westminster high school in Southern California. The cheerleading program was very well respected at camps, competitions and in our community where they won many, many awards. It was very well known that Sally expected the best from the cheerleaders, and they gave it to her. In addition to pursuing competitive cheerleading, Sally's cheerleaders attended, performed and supported all Dixon High athletic events for boys and girls. In addition to coaching cheerleading, Sally started and coached the boys golf team at Dixon High. Sally taught for thirty-three years and retired in 1999. Sally is married to Robert and had two children Marti and Rob.

